

Endurance Stepper

LED CONSOLE

S-ES-F

For a workout that's natural and invigorating, our stepper delivers a superior stair-climbing experience for beginners and enthusiasts alike. Angled, independent motion mimics the feel of real stair climbing, while large non-slip pedals provide a secure feel and a low-maintenance belt-drive delivers smooth, quiet operation.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

CONSOLE	
DISPLAY	Large number LED with message center
WORKOUTS	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	No
IPTV	No
BLUETOOTH	No
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	No
MADE FOR IPHONE, IPAD, IPOD	No
USB PORT	Yes; device charging, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	No
	†Some of these programs may not be available on this frame.

FRAME	
TOP-DOWN LEVELERS	No
STEP RANGE	31 cm / 12.2"
RESISTANCE SYSTEM	Hybrid generator
SERVICE CASTER	No
POWER REQUIREMENTS	Self-powered or 100–240 V — 50/60 Hz AC
MAXIMUM USER WEIGHT	182 kg / 400 lbs.
MINIMUM WATTS	18 W powered or self-powered
PEDAL SPACING	8.4 cm / 3.3"
ETHERNET CONNECTIVITY	Yes
CONTACT & TELEMETRIC HR	Yes
DRIVE SYSTEM	Maintenance-free belt
ASSEMBLED DIMENSIONS	114.3 x 78.7 x 179.1 cm / 45" x 31" x 70.5"
RESISTANCE RANGE	93–303 W
ASSEMBLED WEIGHT	116.9 kg / 257.7 lbs.
SHIPPING WEIGHT	133.2 kg / 293.7 lbs.
RESISTANCE LEVELS	30